

dōTERRA® Women

dōTERRA Women is a line of products formulated to address the unique and changing health needs of women. Normal hormone levels influence a woman's good health and emotional well-being from her early teens to her transition through menopause. dōTERRA Women gently supports a woman through the menstrual cycle and helps diminish the normal symptoms of menopause.* dōTERRA Women supports healthy bones and heart as women age*, while the essential oil blend provides cooling and soothing on the skin. The dōTERRA Women line of products provides natural support throughout the different phases of life.



ClaryCalm®

Monthly Blend for Women

dōTERRA ClaryCalm is a unique blend of essential oils developed especially for women

- Features a blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Ylang Ylang, Cedarwood, Geranium, Fennel, Carrot seed, and Palmarosa, Vitex
- Ideal as part of a soothing, cooling massage experience



49480001

10mL roll-on | 31 PV

\$41.33 retail

\$31.00 wholesale

Bone Nutrient

Essential Complex

This convenient dietary supplement increases the consumption of nutrients needed for healthy bones.*

- Perfect for men and women of all ages
- Features a blend of vitamins C and D, calcium, magnesium, and other trace minerals
- Combats declining bone density by providing bone nutrients often deficient in modern diets*

35240001

120 capsules | 12 PV

\$23.33 retail

\$17.50 wholesale



Made with SLS-free vegetable capsules

Phytoestrogen

Essential Complex

dōTERRA Women Phytoestrogen Essential Complex is a blend of natural plant extracts that support hormone balance throughout the different phases of a woman's life.*

- Includes a standardized soy extract with genistein, a natural phytoestrogen
- Supports a woman's transition to menopause with a concentrated extract of flax seed lignans*
- Supports healthy bones, heart, breast tissue, and other body structures*

35260001

60 capsules | 36 PV

\$52.67 retail

\$39.50 wholesale



Made with SLS-free vegetable capsules

LOYALTY
REWARDS
PROGRAM

Women's Health Kit

Includes Phytoestrogen Essential Complex, Bone Nutrient Essential Complex, and ClaryCalm Monthly Blend.

3525

60 PV

\$92.67 retail

\$69.50 wholesale



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

dōTERRA Lifelong Vitality Pack®

dōTERRA Lifelong Vitality Pack® supplements are formulated with potent levels of essential nutrients and powerful metabolic factors for optimal health, energy, and longevity.* Coupled with dōTERRA CPTG Certified Pure Tested Grade® essential oils and a lifelong commitment to the dōTERRA wellness lifestyle, they naturally support a lifetime of looking, feeling, and living younger, longer.



xEO Mega®

Essential Oil Omega Complex

xEO Mega is a revolutionary formula that blends CPTG Certified Pure Tested Grade® essential oils with natural marine- and plant-sourced omega-3 oils and carotenoids.

- Supports cardiovascular, immune, joint, and brain health*
- Delivers equal ratio of EPA and DHA from sustainable fish oil concentrates and Ahiflower oil with SDA and GLA fatty acids
- Complete spectrum of carotenoids and vitamin E for antioxidant protection, plus vitamin D*
- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile

60219195

120 vegetarian softgels | 53.5 PV

\$71.33 retail

\$53.50 wholesale

 Made with vegetarian softgels

Alpha CRS+®

Cellular Vitality Complex

Provides antioxidant protection to cellular DNA and other critical cell structures.*

- Supports healthy cell proliferation and lifespan*
- Promotes mitochondrial energy production*
- Supports a healthy response to oxidative stress*
- Features botanical extracts, carotenoids, and polyphenols as well as a cellular energy blend*

35370001

120 vegetable capsules | 69.5 PV

\$92.67 retail

\$69.50 wholesale

 Made with SLS-free vegetable capsules

Microplex VMz®

Food Nutrient Complex

dōTERRA® Microplex VMz is a proprietary formula of bioavailable vitamins and minerals often deficient in modern diets.

- Includes a balanced blend of vitamins A,C, and E, and a B-vitamin complex
- Contains food-derived minerals to support bone and metabolic health*
- Optimizes nutrient absorption with a bioavailable blend and an enzyme-delivery system*
- Features the dōTERRA tummy tamer blend of Peppermint, Ginger, and Caraway Seed to help calm the stomach*

60213169

120 vegetable capsules | 39.5 PV

\$52.67 retail

\$39.50 wholesale

 Made with SLS-free vegetable capsules



dōTERRA Lifelong Vitality Daily Packs

Dietary Supplements Including Alpha CRS⁺, Microplex VMz[®], and xEO Mega[®]
 Now available in convenient individual Daily Packs. Take the contents of one sachet with food 2 times daily, morning and evening. Each dōTERRA Lifelong Vitality Pack sachet contains 2 capsules each of xEO Mega, Microplex VMz, and Alpha CRS⁺.

60205416
 60 daily packs or a 30-day supply | 60 PV
 \$115.33 retail
 \$86.50 wholesale



dōTERRA Lifelong Vitality Pack[®]

Dietary Supplements including Alpha CRS⁺, Microplex VMz[®], and xEO Mega[®]

60213529
 30-day supply | 60 PV
 \$107.33 retail
 \$80.50 wholesale



Vegan dōTERRA Lifelong Vitality Pack[®]

Dietary Supplements including Alpha CRS⁺, Vegan Microplex VMz[®], and vEO Mega[®]

60201121
 30-day supply | 60 PV
 \$119.33 retail
 \$89.50 wholesale

dōTERRA® Specialized Supplements

Biological, environmental, and physiological factors all contribute to each individual's nutritional health needs being unique. This means that some require an additional nutritional boost in different areas. Through cutting-edge scientific development, dōTERRA has provided a way to give that extra boost with specialized supplements. These supplements can be used in addition to the dōTERRA LifeLong Vitality Pack® to enhance certain functions.*



vEO Mega® Essential Oil Omega Complex

vEO Mega is a revolutionary, vegetarian-friendly formula blending CPTG Certified Pure Tested Grade® essential oils with natural, plant-sourced essential fatty acids.

- Features Clove, Frankincense, Thyme, Cumin, Wild Orange, Peppermint, Ginger, Caraway, and German Chamomile
- Includes essential fatty acids from flax, algae, inca inchi seed, borage, cranberry, pomegranate, pumpkin, and grape seed oils
- Supports healthy cardiovascular, immune, joint, and brain health*
- Includes a unique form of the carotenoid astaxanthin for antioxidant support*

34480001

120 liquidcaps | 53.5 PV

\$71.33 retail

\$53.50 wholesale



Made with SLS-free vegetable capsules



Vegan Microplex VMz® Food Nutrient Complex

dōTERRA® Vegan Microplex VMz is a vegan food nutrient formula of bioavailable vitamins and minerals often deficient in modern diets.

- Includes a balanced blend of vitamins A, C, and E, and a B-vitamin complex
- Contains food-derived minerals to support bone and metabolic health*
- Optimizes nutrient absorption with a bioavailable blend and an enzyme delivery system*
- Features the dōTERRA tummy tamer blend of Peppermint, Ginger, and Caraway Seed to help calm the stomach*

60213210

120 vegetable capsules | 39.5 PV

\$66.00 retail

\$49.50 wholesale



Made with SLS-free vegetable capsules



Turmeric Dual Chamber Capsules

dōTERRA is the first to combine Turmeric extract and CPTG Certified Pure Tested Grade® Turmeric essential oil in a dual chamber capsule, creating a uniquely powerful synergy of curcuminoids and turmerones, maximizing the effectiveness and benefits of both compounds in one dietary supplement.*

60209307

60 capsules | 28 PV

\$50.67 retail

\$38.00 wholesale



Made with SLS-free vegetable capsules



Mito2Max®

Energy & Stamina Complex

Mito2Max is a healthier, long-term alternative to caffeine for increased energy and vitality.*

- Promotes better microcirculation with Oligonol[†] lychee fruit and green tea extract, quercetin, and other standardized plant extracts*
- Potent, full spectrum of mitochondrial energy cofactors supporting cellular aerobic capacity and energy production*
- Free of stimulants; non-habit-forming

34350001

60 vegetable capsules | 35 PV

\$53.27 retail

\$39.95 wholesale



Made with SLS-free vegetable capsules

†Oligonol® is a trademark of AminoUp Chemical Co., LTD.

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Copaiba Softgels

Copaiba Softgels provide a daily dose of Copaiba essential oil in a convenient, easy-to-swallow softgel. When taken internally, Copaiba essential oil helps support the nervous, cardiovascular, and digestive systems.

- Soothes and supports the nervous system*
- Supports the health of cardiovascular system*

60205764

60 vegetarian softgels | 32 PV

\$45.33 retail

\$34.00 wholesale

 Made with vegetarian softgels



Copaiba tree



Veggie Caps

Customize your essential oil supplement regimen with vegetarian capsules that absorb quickly and easily.

- Free of preservatives, gelatin, wheat, sugar, starch, dairy, and animal products
- Made of inert vegetable ingredients that do not interfere with digestion
- Includes 160 HPMC capsules

34100001

160 HPMC capsules | 0 PV

\$5.33 retail

\$4.00 wholesale

 Made with SLS-free vegetable capsules

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DDR Prime®/DDR Prime® Softgels

Essential Oil Cellular Complex

DDR Prime is a proprietary blend of CPTG Certified Pure Tested Grade® essential oils that help protect the body against oxidative stress to cellular DNA.*

- Provides antioxidant protection against oxidative stress when ingested*
- Supports a healthy response to cellular stressors when consumed*
- Promotes healthy cellular response and regeneration when taken internally*



60207092
15 mL bottle | 35 PV
\$46.67 retail
\$35.00 wholesale

34410001
60 vegetarian softgels | 40 PV
\$60.67 retail
\$45.50 wholesale

 Made with vegetarian softgels



TriEase® Softgels

Seasonal Blend

TriEase Softgels were developed to protect against seasonal elements and to support a healthy respiratory system when needed most.* Each softgel contains equal parts of Lemon, Lavender, and Peppermint, known for their ability to maintain clear breathing and a healthy respiratory function when combined together.*

- Promotes clear breathing and respiratory function*
- Supports healthy immune system function*
- Cleansing to the body's systems*

60209019
60 vegetarian softgels | 22 PV
\$34.00 retail
\$25.50 wholesale

 Made with vegetarian softgels



Lemon



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dōTERRA® Nutrition

Pure. Practical. Powerful. dōTERRA Nutrition provides quality protein, fiber and greens for optimal energy and wellbeing.* With scientifically proven and well-researched formulas, dōTERRA Protein, dōTERRA Fiber, and dōTERRA Greens are designed to support an active lifestyle and healthy attitude. Delivering nutrient-dense ingredients from nature, dōTERRA Nutrition products are an effective and easy way to support vitality and wellness every day.*



Vanilla & Chocolate Protein

dōTERRA Whey Protein provides 21 grams (Vanilla) and 22 grams (Chocolate) of a premium protein blend with 7 grams of fiber per serving to satisfy hunger, increase your protein intake, and help you reach your goals.*

- Whey from pasture-fed cows
- Free from GMO, gluten, soy, RBST hormone, and synthetic ingredients
- Energizing and satisfying protein supplement*

60207069
 Vanilla | 20 Servings | 25 PV
 \$55.33 retail
 \$41.50 wholesale

60207068
 Chocolate | 20 Servings | 25 PV
 \$55.33 retail
 \$41.50 wholesale

Vegan Protein

dōTERRA Vegan Protein provides 21 grams of a premium vegan protein blend with 7 grams of fiber per serving to satisfy hunger, increase your protein intake, and help you reach your goals.*

- Premium blend of pea, brown rice, sacha inchi, and pumpkin seed protein
- Free from GMO, gluten, soy, and synthetic ingredients
- Energizing and satisfying vegan protein supplement*

60207067
 20 Servings | 25 PV
 \$55.33 retail
 \$41.50 wholesale

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Fiber

dōTERRA Fiber provides 6 grams of soluble and insoluble fiber from whole food sources like apple, chicory root, Jerusalem artichoke, and flax seed to supplement your daily fiber intake.

- Promotes optimal digestive health*
- Aids in healthy gut and digestive regulation*
- Infused with CPTG® Lemon essential oil

60207065

30 Servings | 14 PV

\$26.00 retail

\$19.50 wholesale



Greens

dōTERRA Greens is a unique blend of fruits, vegetables, superfoods, and Ginger root and Lemon peel CPTG® essential oils. The many benefits include supporting immune health, digestive health, and weight management.*

- Provides an easy and convenient daily boost of fruits and vegetables
- Natural, GMO- and gluten-free, and vegan friendly
- Supports immune health*
- Neutral, mixed berry flavor

60213600

30 Servings | 21 PV

\$39.93 retail

\$29.95 wholesale

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Digestive Health

Lifelong health is very much dependent on digestive health. A properly functioning digestive system is not only essential for food-nutrient absorption, but also performs critical immune and detoxification functions in the body. Compromised digestive function can result in energy deficiencies, weakened immunities, weight gain, and gastrointestinal discomfort. The DigestZen line of digestive health products provides targeted solutions for optimal digestive function and comfort.*



Top Seller

DigestZen TerraZyme®

Digestive Enzyme Complex

DigestZen TerraZyme provides your body with the whole-food enzymes and supporting mineral cofactors needed for healthy digestion.*

- Supports the body's constant production of enzymes critical for healthy biochemical functions*
- Promotes healthy digestion of food nutrients and cellular metabolism of nutrients into energy*
- Includes a variety of whole-food enzymes that help with digestion of proteins, fats, complex carbohydrates, sugars, and fiber*

35110001
90 vegetable capsules | 30 PV
\$46.00 retail
\$34.50 wholesale

 Made with SLS-free vegetable capsules



GX Assist®

GI Cleansing Formula

Cleanse your GI tract before starting with PB Assist+ with this combination of CPTG Certified Pure Tested Grade® essential oils.*

- Features Oregano, Tea Tree, Lemon, Peppermint, Lemongrass, and Thyme, as well as caprylic acid
- Helps support a healthy digestive tract by creating an unfriendly environment for potential threats*
- Formulated to be used for 10 days as a preparatory cleansing step before using PB Assist+ Probiotic Defense Formula*

35040001
60 softgels | 22 PV
\$34.67 retail
\$26.00 wholesale

 Made with enteric softgels

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PB Assist+®
Probiotic Defense Formula

This proprietary formula of pre-biotic fiber and six strains of probiotic organisms is designed to support gastrointestinal and immune health.*

- Delivers 6 billion CFUs of active probiotic cultures and soluble pre-biotic FOS (fructooligosaccharides) that encourage culture adhesion and growth*
- Time-release double capsule delivery system is designed to help protect sensitive probiotic cultures from stomach acid*
- Supports healthy digestive function and immunity*

35160001
30 vegetable capsules | 35 PV
\$53.27 retail
\$39.95 wholesale

 Made with SLS-free vegetable capsules



DigestZen®
Digestive Blend

The well-recognized essential oils in DigestZen are known for providing soothing digestive relief when used internally.*

- Features a proprietary blend of Peppermint, Coriander, Ginger, Caraway, Cardamom, Fennel, and Star Anise
- Aids in the digestion of foods when consumed*
- Maintains a healthy gastro-intestinal tract when taken internally*
- Soothes occasional stomach upset when ingested*



60214361
15 mL bottle | 34 PV
\$45.33 retail
\$34.00 wholesale

60214815
10 mL Touch | 22 PV
\$29.33 retail
\$22.00 wholesale



DigestZen®
Softgels

doterra® DigestZen® Softgels are a convenient and easy way to obtain the benefits of the proprietary DigestZen essential oil blend. Each vegetarian softgel contains 120 mg of DigestZen, the oil blend you know and trust for overall digestive health.*

- Soothes occasional indigestion and eases stomach upset*
- Supports healthy gastrointestinal function*
- Promotes healthy digestion*

60209021
60 vegetarian softgels | 16 PV
\$26.60 retail
\$19.95 wholesale

 Made with vegetarian softgels

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DigestTab®

Chewable Tablets

DigestTab is a calcium carbonate tablet that is infused with DigestZen Digestive Blend to deliver the benefits of the essential oil blend as well as the acid-neutralizing benefits of calcium carbonate.*

- Helps provide relief from occasional heartburn and indigestion while promoting the overall health of the gastrointestinal tract*
- Use with or between meals as needed for relief from occasional stomach upset, indigestion, and heartburn*
- Helps provide relief from occasional sour stomach*
- Provides 200 mg of calcium per tablet

60214446

100 chewable tablets | 11 PV

\$20.67 retail

\$15.50 wholesale



Chewable tablets



dōTERRA® Peppermint Softgels

dōTERRA Peppermint Softgels help support the digestive system, alleviate occasional intestinal discomfort, and reduce gas and bloating.*

- Peppermint essential oil, which is high in menthol, supports gastrointestinal comfort*
- Helps alleviate occasional stomach discomfort*

60209244

60 softgels | 16 PV

\$25.33 retail

\$19.00 wholesale



Made with enteric softgels





Zendocrin®

Detoxification Blend

Support your body's natural detoxification systems with Zendocrin.*

- Features a proprietary blend of Tangerine, Rosemary, Geranium, Juniper Berry, and Cilantro
- Supports healthy liver function when taken internally*
- Can be used individually or in combination with Zendocrin Detoxification Complex



31460001
15 mL bottle | 26 PV
\$34.67 retail
\$26.00 wholesale

Zendocrin®

Detoxification Complex

Support your body's filtering and waste management system with the proprietary Zendocrin Detoxification Complex.*

- Features a proprietary blend of 14 active, whole-food extracts in a patented enzyme delivery system
- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin when taken internally*

35120001
60 vegetable capsules | 20 PV
\$30.00 retail
\$22.50 wholesale



Made with SLS-free vegetable capsules

Zendocrin® Softgels

Detoxification Blend

Zendocrin Softgels help cleanse the body of toxins and free radicals that can slow the body's systems down, leaving a heavy, weighted feeling.* Zendocrin Softgels provide an easy and convenient way to consume Zendocrin essential oil blend, a proprietary formula that helps detoxify the body and promote healthy liver, lung, kidney, colon, and skin function.*

- Supports the body's natural ability to rid itself of unwanted substances*
- Promotes healthy liver, lung, kidney, colon, and skin function*

60209480
60 vegetarian softgels | 23 PV
\$35.33 retail
\$26.50 wholesale



Made with vegetarian softgels



dōTERRA® Ginger Drops

dōTERRA Ginger Drops are a convenient way to support digestion and ease occasional stomach discomfort.

- Supports healthy digestion
- Helps ease occasional stomach discomfort and indigestion
- Sweet, spicy ginger-lemon flavor

60203181
30 drops | 10 PV
\$16.67 retail
\$12.50 wholesale

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1 Purchase 1 dōTERRA Lifelong Vitality Pack® or dōTERRA Daily Nutrient Pack® . . .



dōTERRA Lifelong Vitality Pack
21480001 | 60 PV
\$80.50



dōTERRA Vegan Lifelong Vitality Pack
60201121 | 60 PV
\$89.50



dōTERRA Lifelong Vitality Daily Packs
60205416 | 60 PV
\$86.50



dōTERRA Daily Nutrient Pack
21490001 | 50 PV
\$59.50

2 . . . and choose up to 3 additional supplements at reduced prices.



Microplex VMz®
15 PV
\$25.00



Mito2Max®
15 PV
\$25.00



xEO Mega®
15 PV
\$25.00



Deep Blue Polyphenol Complex®
15 PV
\$25.00



DigestZen TerraZyme®
15 PV
\$25.00



PB Assist+®
15 PV
\$25.00



Kids Kit (IQ Mega® & dōTERRA azz Chewable™)
15 PV
\$32.50

dōTERRA® Children's Supplements

Inspired by the dōTERRA Lifelong Vitality Pack®, these products make it easy to enjoy taking omega-3s, whole-food nutrients, vitamins, and minerals in convenient liquid and chewable forms. Kids love them because they taste great; adults love them because they are easy to swallow.

dōTERRA a2z Chewable™

Designed for children and adults who have difficulty swallowing capsules, dōTERRA a2z Chewable tablets provide the nutrients your body needs for optimal health.*

- Combines a blend of B vitamins with vitamins A, C, and E
- Features botanical extracts and is formulated to be used with IQ Mega
- Supports healthy immunity and provides antioxidant protection*
- Promotes healthy cell development and longevity when taken daily*
- Great watermelon flavor!

34500001
60 tablets | 17 PV
\$30.00 retail
\$22.50 wholesale



Chewable tablets



Wild Orange

PB Assist® Jr

PB Assist Jr is a powdered probiotic supplement designed for children or adults who have trouble swallowing pills. Five billion live cells have been blended into a delicious powder that can be poured directly into the mouth for a fun and tasty way to integrate probiotics into anyone's daily routine.*

- 5 billion live cells of 6 different probiotic strains
- Strains specifically selected for their benefits among children
- Microencapsulated to help probiotics survive until they reach the intestines
- Supports healthy functioning of the digestive and immune systems*
- Strawberry melon flavored
- Sugar free

34420001
30 sachets | 22 PV
\$36.00 retail
\$27.00 wholesale

IQ Mega®

IQ Mega takes the fishy taste out of fish oil and adds the fresh orange flavor of Wild Orange essential oil.

- Provides over 1,500 mg of omega-3s per serving
- Supports healthy brain, cardiovascular, immune, and joint function*
- Formulated to be used with dōTERRA a2z Chewable tablets

34490001
150 mL | 30 PV
\$46.00 retail
\$34.50 wholesale



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Slim & Sassy®

The dōTERRA® Slim & Sassy line of products encourages overall health and wellness through attaining and maintaining healthy body weight.* Take advantage of a wide range of benefits by incorporating the Slim & Sassy Metabolic Blend and our premier line of supplements into your lifestyle!



Slim & Sassy®

Metabolic blend

Support your weight maintenance goals with the proprietary essential oil blend of Slim & Sassy.*

- Formulated with Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon
- Promotes healthy metabolism when consumed*
- Use internally to help manage hunger cravings*
- Calms your stomach when ingested*
- Diuretic, stimulant, and calorie free



31370001

15 mL bottle | 26 PV

\$34.67 retail

\$26.00 wholesale



Slim & Sassy® Softgels

Slim & Sassy Softgels contain dōTERRA's proprietary Slim & Sassy essential oil blend in convenient softgels to promote weight management in a healthy, natural way. The flavorful blend of Slim & Sassy contains essential oils known to help manage hunger throughout the day while boosting metabolism.*

- Supports healthy metabolism*
- Helps manage hunger cravings*
- Promotes healthy digestion*
- Perfect for any weight management program*

34270001

90 vegetarian softgels | 31.5 PV

\$48.00 retail

\$36.00 wholesale

 Made with vegetarian softgels

Slim & Sassy® Metabolic Gum

Slim & Sassy metabolic oil blend helps manage cravings throughout the day while supporting healthy metabolism. There is one drop of Slim & Sassy essential oil blend in each piece of sugar-free gum.

- Promotes healthy metabolism*
- Helps manage hunger cravings*
- Sugar free with natural sweeteners
- One drop of Slim & Sassy oil blend in every piece
- Long-lasting flavor

60200347

32 pieces | 5 PV

\$11.33 retail

\$8.50 wholesale



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