

dōTERRA AromaTouch Technique®

The dōTERRA® AromaTouch Technique is a simple, step-by-step method of applying CPTG® essential oils topically to produce a profound overall wellness experience.

Increase the benefits you experience with CPTG® essential oils by incorporating the AromaTouch Technique into your healthy lifestyle philosophy. Equally compelling to novice users and licensed professionals, the AromaTouch Technique represents an exciting new era of essential oil application and benefits.



AromaTouch Technique® Training Kit

dōTERRA Balance® Grounding Blend, Lavender, Tea Tree, dōTERRA On Guard® Protective Blend, AromaTouch® Massage Blend, Deep Blue® Soothing Blend, Wild Orange, Peppermint

Fractionated Coconut Oil (3.8 fl oz/115 mL) and pump

Access to online training course and exclusive eBook

60221903

Eight 15 mL bottles and one 115 mL bottle | 242.5 PV

\$328.67 retail

\$246.50 wholesale

AromaTouch Technique® Refill Kit

dōTERRA Balance® Grounding Blend, Lavender, Tea Tree, dōTERRA On Guard® Protective Blend, AromaTouch® Massage Blend, Deep Blue® Soothing Blend, Wild Orange, Peppermint

Excludes Fractionated Coconut Oil and pump

60221902

Eight 15 mL bottles | 226 PV

\$304.00 retail

\$228.00 wholesale



*"I love doing the AromaTouch
Technique on moms and dads so they
can learn how to do the same for
their families. It is a win-win situation."*

Peggy S., Utah, USA

dōTERRA Emotional AromaTherapy® System

The dōTERRA Emotional Aromatherapy System contains six unique essential oil blends that have been carefully formulated for use with a variety of situations. Each delicate blend contains pure essential oils that can be used aromatically or topically throughout your wellness journey. These naturally complex, fragrant blends can accompany you as you let go of burdens, find comfort and encouragement, or dream with passion again.

dōTERRA Emotional Aromatherapy® System

The kit includes six essential oil blends: dōTERRA Motivate®, dōTERRA Cheer®, dōTERRA Peace®, dōTERRA Forgive®, dōTERRA Console®, dōTERRA Passion®.

60202944

Six 5 mL bottles | 155 PV

\$220.00 retail

\$165.00 wholesale





doTERRA Motivate®

Encouraging Blend

We all have setbacks in our lives, causing us to doubt ourselves or feel pessimistic. The aroma of doTERRA Motivate complements affirmations of confidence and courage.

- Combines Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, and Vanilla
- Apply to shirt collar before giving a speech
- Apply to pulse points before participating in sporting events or other competitions



31740001

5 mL bottle | 23 PV

\$30.67 retail

\$23.00 wholesale



doTERRA Cheer®

Uplifting Blend

doTERRA Cheer Uplifting Blend of citrus and spice essential oils provides a sunshiny aroma to brighten your day.

- Features Wild Orange, Clove, Star Anise, Lemon Myrtle, Zdravetz, Nutmeg, Vanilla, Ginger, and Cinnamon Bark
- Rub doTERRA Cheer over your heart and reflect on cheerful intentions
- Keep your chin up and rub doTERRA Cheer into the back of your neck



31720001

5 mL bottle | 25 PV

\$33.33 retail

\$25.00 wholesale



doTERRA Peace®

Reassuring Blend

doTERRA Peace Reassuring Blend of floral and mint essential oils is a positive reminder that having more stuff and doing more things won't necessarily make life happier. Slow down, take a deep breath, and reconnect with the composed, peaceful you.

- Combines Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, and Spearmint
- Apply one drop to hands, rub together, and inhale deeply during moments of pause
- Diffuse or inhale before taking a test or presenting to a large group



31710001

5 mL bottle | 32 PV

\$42.67 retail

\$32.00 wholesale



doTERRA Forgive®

Renewing Blend

The fresh, woody aroma of doTERRA Forgive Renewing Blend inspires a grounded atmosphere and complements affirmations of contentment, relief, and patience.

- Features Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arborvitae, Nootka, Thyme, and Citronella
- Diffuse when meditating as you work to release feelings of anger and guilt
- Inspires a grounded atmosphere



31750001

5 mL bottle | 22 PV

\$29.33 retail

\$22.00 wholesale



dōTERRA Console®

Comforting Blend

The dōTERRA Console Comforting Blend of floral and tree essential oils will help provide a comforting aroma as you close the door on sadness and take your first steps on a hopeful path toward emotional healing.

- Combines Frankincense, Patchouli, Ylang Ylang, Labdanum, Amyris, Sandalwood, Rose, and Osmanthus
- Diffuse during times of loss to comfort the soul
- Apply over the heart as a reminder to be patient with healing and to think positive thoughts



31730001

5 mL bottle | 39 PV

\$52.00 retail

\$39.00 wholesale



dōTERRA Passion®

Inspiring Blend

The dōTERRA Passion blend combines spice and herbal essential oils such as Cinnamon Bark, Ginger, Cardamom, Clove, and Damiana. This mixture of oils creates a chemical profile with a high concentration of phenols and ethers, which contribute a warming and renewing aroma to the dōTERRA Passion blend.

- Merges Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine, Vanilla, and Damiana
- Wake up with purpose and vigor, and add dōTERRA Passion blend to the diffuser of your choice



31760001

5 mL bottle | 42 PV

\$56.00 retail

\$42.00 wholesale



Cardamom



dōTERRA Yoga Collection

The Yoga collection consists of dōTERRA Anchor, dōTERRA Align, and dōTERRA Arise, which are the perfect blends to enhance your life and yoga practice. These blends provide aromas to use as you steady, center, and enlighten your spirit through every breath. Combining the best of yoga and aromatherapy, the dōTERRA Yoga Collection is the perfect addition to your practice or daily life.



dōTERRA Yoga Collection

An exclusive trio of CPTG® essential oil blends designed by dōTERRA for the yogi in you. dōTERRA Anchor, dōTERRA Align, and dōTERRA Arise are the perfect blends to enhance your life and yoga practice. These blends provide aromas to use as you steady, center, and enlighten your spirit through every breath while strengthening and stretching your body.

60203244

Three 5 mL bottles | 50 PV

\$72.00 retail

\$54.00 wholesale



dōTERRA Anchor
Steadying Blend

Instill a calming strength and firm trust in oneself while you use the Steadying Blend.

- Apply to ankles, base of spine, and bottoms of feet
- Promotes an atmosphere full of calmness and courage
- The perfect yoga poses to pair with dōTERRA Anchor's aroma are Seated Meditation, Seated Twist, and Bhu Mudra (one hand on the heart, the other on the Earth)
- Can be used during yoga practice or any time during your day



60203245
5 mL bottle | 20 PV
\$26.67 retail
\$20.00 wholesale



dōTERRA Align
Centering Blend

Invite confident peace into your daily practice as you embrace the Centering Blend.

- Apply over heart, wrists, and back of neck
- Diffuse while setting intentions about self-acceptance, trust, and fluidity
- Ideal yoga poses with dōTERRA Align's aroma are Warrior II, Triangle, and Gate pose
- Can be used during yoga practice or any time during your day



60203246
5 mL bottle | 19 PV
\$25.33 retail
\$19.00 wholesale



dōTERRA Arise
Enlightening Blend

Inspire joy and courageously rise to your goals while using the Enlightening Blend.

- Apply to temples, wrists, and neck before a mindfulness practice
- Enjoy dōTERRA Arise when you are challenging yourself to achieve the next level
- Use dōTERRA Arise while practicing the following yoga poses: standing, arms high and standing side stretch, and Half Moon
- Can be used during yoga practice or any time during your day



60203247
5 mL bottle | 20 PV
\$26.67 retail
\$20.00 wholesale



dōTERRA® Kids Collection

Whether you are an experienced practitioner or new to essential oils, the dōTERRA Kids Collection is the complete and ready-made “whole body” essential oil toolbox designed to empower caregivers to confidently care for the health and wellness of little ones.

Formulated specifically for little ones, these essential oil blends feature unique combinations balanced to provide powerful benefits while being gentle on delicate skin.

dōTERRA Kids Collection

60211246

Seven 10 mL roll-on bottles
100 PV
\$153.33 retail
\$115.00 wholesale







Thinker®

Focus Blend

When it's time to get creative and focus, roll Thinker onto the back of your neck.

- Features Vetiver, Peppermint, Clementine, and Rosemary in a base of Fractionated Coconut Oil
- Keep on hand during school and study time



60206633

10 mL roll-on | 17.5 PV

\$23.33 retail

\$17.50 wholesale



Calmer®

Restful Blend

When it's bedtime, roll Calmer onto the bottoms of your feet and onto your wrists. Climb into bed and take a deep breath of the relaxing aroma.

- Features Lavender, Cananga, Buddha Wood, and Roman Chamomile in a base of Fractionated Coconut Oil
- Creates a restful atmosphere at bedtime
- Promotes a soothing environment



60206632

10 mL roll-on | 20 PV

\$26.67 retail

\$20.00 wholesale



Rescuer™

Soothing Blend

After running, jumping, and playing, rub Rescuer onto your legs, feet, or back for its soothing experience.

- Features Copaiba, Lavender, Spearmint, and Zanthoxylum in a base of Fractionated Coconut Oil
- Massage onto growing or tired legs
- Creates a cooling experience



60206635

10 mL roll-on | 16.5 PV

\$22.00 retail

\$16.50 wholesale



Stronger®

Protective Blend

Use Stronger on the back of your neck or bottoms of your feet for an added boost for a reminder to be resilient and strong.

- Features Cedarwood, Litsea, Frankincense, and Rose Extract in a base of Fractionated Coconut Oil
- Rejuvenating to the skin
- Promotes an atmosphere of wellness and vitality



60206654

10 mL roll-on | 16 PV

\$21.33 retail

\$16.00 wholesale



Wild Orange



Tamer®
Digestive Blend

Before or after meals, roll Tamer on your tummy for a soothing sensation and calming aroma.

- Features Spearmint, Japanese Peppermint, Ginger, Black Pepper, and Parsley Seed in a base of Fractionated Coconut Oil
- Roll on to the tummy for a calm, soothing experience
- An essential for road trips



60209356
10 mL roll-on | 16.5 PV
\$22.00 retail
\$16.50 wholesale



Brave®
Courage Blend

Before new or different situations, or just to start your day, roll Brave onto the back of neck, tummy, or bottoms of feet.

- Features Wild Orange, Amyris, Osmanthus Extract, and Cinnamon in a base of Fractionated Coconut Oil
- Creates a confident, courageous atmosphere
- Combine with positive daily affirmations to promote belief in oneself



60206618
10 mL roll-on | 22 PV
\$29.33 retail
\$22.00 wholesale



Steady®
Grounding Blend

For daily centering, or for times when you feel nervous or experience anxious feelings, rub Steady on your neck and wrists as a reminder to calm emotions and balance mood.

- Features Amyris, Balsam Fir, Coriander, and Magnolia in a base of Fractionated Coconut Oil
- Relaxing and balancing aroma
- Instills a tranquil atmosphere



60206617
10 mL roll-on | 16.5 PV
\$22.00 retail
\$16.50 wholesale



dōTERRA Emotional AromaTherapy® System

The dōTERRA Emotional Aromatherapy Touch line contains six unique essential oil blends combined with Fractionated Coconut Oil in 10 mL roll-ons for convenient and gentle topical application. These proprietary blends are formulated for use with a variety of changing experiences.



dōTERRA Emotional Aromatherapy Touch Kit

The kit includes six essential 10 mL roll-on oil blends: dōTERRA Motivate® Touch, dōTERRA Cheer® Touch, dōTERRA Passion® Touch, dōTERRA Forgive® Touch, dōTERRA Console® Touch, dōTERRA Peace® Touch.

21850001

Six 10 mL roll-on bottles | 100 PV

\$140.00 retail

\$105.00 wholesale





dōTERRA Motivate® Touch

Encouraging Blend

dōTERRA Motivate Touch provides gentle and quick application of dōTERRA Motivate mint and citrus essential oil blend. The fresh, minty aroma complements affirmations of confidence and courage.

- Features Fractionated Coconut Oil, Peppermint, Clementine, Coriander, Basil, Yuzu, Melissa, Rosemary, and Vanilla
- Roll on neck when working on a project at work or school
- Apply to pulse points before participating in a competition



60200149

10 mL roll-on | 17 PV
\$22.67 retail
\$17.00 wholesale



dōTERRA Cheer® Touch

Uplifting Blend

dōTERRA Cheer Touch combines Fractionated Coconut Oil with the sunshiny, fresh aroma of dōTERRA Cheer essential oil blend. This convenient and gentle roll-on provides a sunshiny aroma to brighten your day.

- Features Fractionated Coconut Oil, Lemon Myrtle, Clove, Wild Orange, Star Anise, Ginger, Zdravetz, Cinnamon Bark, Nutmeg, and Vanilla
- Keep your chin up and roll on to the back of the neck
- Rub dōTERRA Cheer over your heart and reflect on cheerful intentions



60200146

10 mL roll-on | 18 PV
\$24.00 retail
\$18.00 wholesale



dōTERRA Passion® Touch

Inspiring Blend

dōTERRA Passion Touch combines spice and herbal essential oils that are warming and inviting.

- Combines Fractionated Coconut Oil, Cardamom, Cinnamon Bark, Ginger, Clove, Sandalwood, Jasmine, Vanilla, and Damiana
- Wake up with purpose and vigor by rolling dōTERRA Passion Touch on each day



60200150

10 mL roll-on | 28 PV
\$37.33 retail
\$28.00 wholesale



dōTERRA Forgive® Touch

Renewing Blend

dōTERRA Forgive Touch contains the tree and herb essential oils found in our proprietary dōTERRA Forgive blend along with Fractionated Coconut Oil for gentle application and ease of use. The fresh, woody aroma of dōTERRA Forgive Renewing Blend inspires a grounded atmosphere and complements affirmations of contentment, relief, and patience.

- Merges Fractionated Coconut Oil, Spruce, Bergamot, Juniper Berry, Lemon, Myrrh, Arborvitae, Nootka, Thyme, and Citronella
- Roll on when meditating
- Inspires a grounding atmosphere



60200148

10 mL roll-on | 15 PV
\$20.00 retail
\$15.00 wholesale



dōTERRA Console® Touch

Comforting Blend

This proprietary blend combines the sweet and musky aroma of dōTERRA Console essential oil blend with Fractionated Coconut Oil for gentle application.

- Features Fractionated Coconut Oil, Frankincense, Patchouli, Ylang Ylang Labdanum Absolute, Amyris, Sandalwood, Rose, Osmanthus Extract
- Roll on during times of loss for a comforting aroma
- Apply over the heart as a reminder to be patient with healing and to think positive thoughts



60200147

10 mL roll-on | 25 PV

\$33.33 retail

\$25.00 wholesale



dōTERRA Peace® Touch

Reassuring Blend

dōTERRA Peace Touch combines floral and mint essential oils and is a positive reminder that having more stuff and doing more things won't necessarily make life happier. Slow down, take a deep breath, and reconnect with the composed, peaceful you.

- Combines Fractionated Coconut Oil, Vetiver, Lavender, Ylang Ylang, Frankincense, Clary Sage, Marjoram, Labdanum, and Spearmint
- Inhale before taking a test or presenting to a crowd



60200151

10 mL roll-on | 21 PV

\$28.00 retail

\$21.00 wholesale

